

Society for Light Treatment and Biological Rhythms

January 2007

Dear Colleague,

Greetings! It's that time again—to give you some important SLTBR news and invite your participation in our 2007 activities.

Founded in 1988, SLTBR is dedicated to fostering research, professional development and clinical applications in the fields of light therapy and biological rhythms. Our interests extend to all circadian rhythm-related disorders and manipulations with proven or potential impact for workers, patients, the young and the elderly. One such example—beyond light itself—is our active interest in melatonin physiology and therapeutics. We strive to provide solid science for professional stimulation and networking opportunities that facilitate communication and scientific exchange. SLTBR has led the field in establishing standards through consensus development and in disseminating information to the public. Our membership has broad interests and includes basic scientists, clinicians using light therapy, consumers and representatives from industry.

Our 2006 Annual Meeting in Québec City, Canada, was a great success, with more than 30 presentations by colleagues from around the world. The 2007 meeting will be held June 28-30 in beautiful Copenhagen, Denmark. The program chairs are Drs. Klaus Martiny and Diane Boivin, who are assisted by Drs. Jo Arendt and Gabriele Bech-Anderson. Mark your calendars: conference abstracts are due by May 15, 2007. Please check our website, www.sltbr.org for periodic meeting updates.

As part of the Copenhagen meeting, we will offer the J. Christian Gillin Junior Investigator Research Award for \$500. The deadline for receipt of applications is May 15, 2007 – see our website for details.

Our affiliation with *Chronobiology International* changed at the end of 2006, and the journal is no longer our official vehicle. As such, our dues no longer are tied to a *Chronobiology International* yearly subscription, and thus have been substantially reduced. Dues for regular and associate members have been reduced to \$85. Dues for retired members – those members who have officially retired from a full-time academic position – are now \$40. Dues for student members remain at \$15. You can conveniently renew your dues online by accessing the following link:

http://www.sporg.com/registration?link_type=form&form_id=66721.

Membership benefits also include discounts on annual meeting registration; a discounted subscription rate for the *Journal of Biological Rhythms*; elective inclusion on our clinician referral list; and inclusion on our e-mail listserv, which posts important news from SLTBR, new research announcements (often on the same day as publication), and lively clinical discussion. Members who renew will automatically be included on the updated listserv.

Corporate members benefit by having their websites linked to SLTBR's site, and public requests for information on light treatment devices are referred to the corporate page. Furthermore, only corporate members are invited to exhibit at our annual meeting.

As we continue to grow, we need your support—your membership dues *and* your participation in our annual meeting, publications and leadership opportunities. To help us advance our mission, please renew your SLTBR membership promptly by making payments online at http://www.sporg.com/registration?link_type=form&form_id=66721.

Alternatively, you may email the attached invoice (following this letter) with your dues payment and your credit card number to sltbrinfo@aol.com. You also may fax your application to 757-336-5777 or send your dues payment by post to SLTBR, 4648 Main Street, Chincoteague, VA 23336 USA.

We look forward to seeing you at our 19th Annual meeting in Copenhagen, June 28-30.

Sincerely yours,



Robert Levitan, M.D.
President



Namni Goel, Ph.D.
Membership Chair

Society for Light Treatment and Biological Rhythms

2007 Membership Invoice

Please complete this form and return it with your check or money order to SLTBR, SLTBR, 4648 Main Street, Chincoteague, VA 23336 USA. You may contact us with questions or comments at sltbrinfo@aol.com or visit our website at www.sltbr.org.

Dues Categories

See membership descriptions for explanations.

<input type="checkbox"/> Regular	\$85
<input type="checkbox"/> Associate	\$85
<input type="checkbox"/> Student	\$15
<input type="checkbox"/> Retired	\$40
<input type="checkbox"/> Corresponding	\$ 0
<input type="checkbox"/> Corporate	\$600

Journal Options

<input type="checkbox"/> Jnl of Biological Rhythms	\$ 65
<input type="checkbox"/> JBR International	\$ 89
<input type="checkbox"/> JBR Canada	\$ 94

Payment Summary

Dues	\$ _____
Journal	\$ _____
Total Due	\$ _____

- Check (US Currency)
 Visa
 MasterCard

Name on Card _____

Signature _____

Card# _____

ExpDate _____

Contributions to SLTBR are deductible as charitable contributions for federal income tax purposes. Return this form with your payment. Please make check in US Currency payable to SLTBR, 4648 Main Street, Chincoteague, VA 23336 USA.

Membership Category Descriptions

Regular Members are professionals with advanced degrees or equivalent who are actively working in the field of light treatment or biological rhythms, as evidenced by clinical work, research or publications in peer-reviewed journals.

Associate Members are persons interested in light treatment and biological rhythms.

Corresponding Members are research colleagues working in countries from which dues cannot be transferred in US funds to our membership offices.

Corporate Members are manufacturers and distributors of light treatment apparatuses and ancillary equipment, publishers of books and journals on relevant themes, light therapy clinics, etc.

Retired Members are those who have officially retired from a full-time academic position.

SLTBR 4648 Main St • Chincoteague, VA USA 23336 • (415) 418-4550 • FAX (757) 336-5777
email: sltbrinfo@aol.com

Office Use Only: DB _____ DS _____ LS _____ CI _____ JBR _____ Conf _____

Please complete this form to update your SLTBR directory listing and mailing address. Please print or type.

Name _____
First MI Last Degree (PhD, MD, RN)

Title _____
(e.g., Professor of Psychiatry, Chair of Department...)

Affiliation _____

Address _____

City _____ State _____ Postal/Zip _____ Country _____

Office Phone _____ Fax _____

Email _____ (You must have an email address for the listserv)

1. Highest Degree (check one)

Associate _____ MD _____ DC _____
BA/BS _____ PhD _____ DDS _____
MA _____ MD/PhD _____ DO _____
Other _____

3. Do you wish to be included on the Public Information Packet Clinical Referral List (To be listed as a practitioner, you must be licensed.)

Yes _____ No _____

2. From what institution did you receive your highest degree?

If yes, please complete all items on this page.

Practice license no. _____

State/Province _____

4. Check up to 5 specialty areas:

- | | | |
|--|---|--|
| <input type="checkbox"/> 1. Addiction | <input type="checkbox"/> 25. Internal Medicine | <input type="checkbox"/> 50. Psychology |
| <input type="checkbox"/> 2. Allergies | <input type="checkbox"/> 26. Jet Lag | <input type="checkbox"/> 51. Pulmonary Medicine |
| <input type="checkbox"/> 3. Anesthesiology | <input type="checkbox"/> 27. Light | <input type="checkbox"/> 52. Reproduction |
| <input type="checkbox"/> 4. Anxiety Disorders | <input type="checkbox"/> 28. Medical Geography | <input type="checkbox"/> 53. Seasonal Affective Disorder (SAD) |
| <input type="checkbox"/> 5. Attention Deficit Disorder | <input type="checkbox"/> 29. Melatonin | <input type="checkbox"/> 54. Sexual Abuse |
| <input type="checkbox"/> 6. Behavioral Medicine | <input type="checkbox"/> 30. Menstrual Cycles | <input type="checkbox"/> 55. Shift Work |
| <input type="checkbox"/> 7. Biological Rhythms | <input type="checkbox"/> 31. Mood Disorders | <input type="checkbox"/> 56. Sleep Disorder |
| <input type="checkbox"/> 8. Biophysics | <input type="checkbox"/> 32. Neurology | <input type="checkbox"/> 57. Stress |
| <input type="checkbox"/> 9. Counseling | <input type="checkbox"/> 33. Neuroscience | <input type="checkbox"/> 58. Other |
| <input type="checkbox"/> 10. Dreams | <input type="checkbox"/> 34. Nursing | |
| <input type="checkbox"/> 11. Eating Disorders | <input type="checkbox"/> 35. Obesity | |
| <input type="checkbox"/> 12. Emergency Medicine | <input type="checkbox"/> 36. Ophthalmology | |
| <input type="checkbox"/> 13. Endocrinology | <input type="checkbox"/> 37. Optometry | |
| <input type="checkbox"/> 14. Engineering | <input type="checkbox"/> 38. Pain | |
| <input type="checkbox"/> 15. Environmental Issues | <input type="checkbox"/> 39. Pediatrics | |
| <input type="checkbox"/> 16. Equipment Sales | <input type="checkbox"/> 40. Physical Med/Rehab | |
| <input type="checkbox"/> 17. Family Practice | <input type="checkbox"/> 41. Pineal Function | |
| <input type="checkbox"/> 18. Forensic Psychiatry | <input type="checkbox"/> 42. PTSD | |
| <input type="checkbox"/> 19. Geriatrics | <input type="checkbox"/> 43. PMS | |
| <input type="checkbox"/> 20. Health Enhancement | <input type="checkbox"/> 44. Psychoanalysis | |
| | <input type="checkbox"/> 45. Psychobiology | |
| <input type="checkbox"/> 21. Health Psychology | <input type="checkbox"/> 46. Psychopharmacology | |
| <input type="checkbox"/> 22. Hypnosis | <input type="checkbox"/> 47. Psychophysiology | |
| <input type="checkbox"/> 23. Immunology | <input type="checkbox"/> 48. Psychosomatic | |
| <input type="checkbox"/> 24. Instrumentation | <input type="checkbox"/> 49. Psychiatry | |

